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## TRUTH VIBRATIONS – IN SEARCH OF INTEGRITY IN THE LITERARY WORKS AND MINDS

### Introduction

The abilities to tell the truth, to confront the truth, and to be aware of the truth seem to overlap, but they do not always prove to coexist. Falling authorities, disappointing ideals, the glamour of rampant delusion – they can all contribute to distorting the reality. Innate to literature is the theme of ethics which occurs through a deliberate selection of themes, words and implied meaning in artful wording. A piece of writing can be a traditionally pebbled pathway of moralistic dictum and self-righteous rigid judgmentalism, or an intuitive road of ethics with an impartial and flexible attitude, along with an essential message. Literature can be educating or it can lead astray, it can liberate or restrict, it can be somber or humorous, and it can embody values, or shatter the principles of decency.

While scientific experiments need to carry the empirical evidence and have to be definitive and convincing, art is allowed for nuances which appeal to those readers who resonate with the subliminal messages. The very essence of the plot, verse, or playscript often mirrors the perceptions of their author, and the analysis of a literary work is often analogous to the author's performance outside the stories. Assimilating with the characters and story lines is the outcome of a spiritual exchange between the consciousness of the author and the readers. As Hawkins states, "the energetic calibrations of literary output reflect the audience for which they are intended and are indicative of the level of interest of a writer's readership"<sup>1</sup>.

What criteria are the experts of literature guided by when rating, nominating, and allowing a literary work to earn accolades, including the highest honor, the Nobel Prize? And what makes a passive audience reach for a book and consider it of their preference? Stellar literature is expected to prove its quality and speak volumes according to the assumptions of its proclaimers and supporters. Is the national and international esteem well-deserved and well-targeted in the literary empire? And once success is achieved, does it sustain further development and subsequent accomplishment of the author? Genius and recognition may accompany each other but attributing success to one's ego,

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<sup>1</sup> D.R. Hawkins, *Truth vs Falsehood*, Toronto (Axial Publishing Company) 2005, p. 126.

resulting in grandiosity and pretentiousness, can shatter illumination and make great literary minds fall (pride goes before fall). And as the research proves, strong energetic patterns give rise to inspiration and success, whereas low-energy patterns entrap the unwary within the instinctual emotions and reactions. Humility and gratitude are the antidotes to prevent failure following potential arrogance, and instead, to sustain or advance inspiration<sup>2</sup>.

The extensive study of discernment of what is aligned with Truth or its absence – in other words – distinguishing the sources of ethical value from the sources of fallacy, follows the sections expounding the theories behind the research idea and the background leading to its design. Kinesiology, or the study of muscles, as well as the Scale of Consciousness patronize the researcher's endeavor. As the study will prove, the power of a masterpiece arises from the principles upon which it is founded.

## Literature Overview

### Quantum reality vs Newtonian Causality

The secular, visible, material and logical classic science fails to recognize human qualities of experience such as feelings, values, meaning and a true source of power as they do not square with the algebraic functions, they are devoid of palpability, and they cannot be documented by proof. Thus, they escape measurement, definition and control, which is so crucial to the left-brain dominated consciousness levels. While the Newtonian paradigm seeks answers by reason of causality, it depends on what is classified as explicable, due to the identification of the categories of time, duration, space, speed and weight. If any unknown or unpredictable events cross the familiar, they yield analytical exclusion, being automatically diagnosed as irrelevant, under the label of 'chaos'. Evidently, creativity and inspiration that are the non-local and timeless manifestations of the high levels of consciousness have been relegated to the unscientific domains such as art, philosophy, literature – and ultimately – referred to as metaphysics or mysticism. In reality, however, it is the hidden energy of the unobserved, spontaneity and subjectivity that activates endless possibilities, being the source and essence of knowledge without any physical properties, nor a sense of separation. The totality of experience, typical of the inspirational states, – fulfilment and accompanying joy, is the result of the surge of endorphins rather than of a boost of adrenaline, which conditions merely temporary satisfaction<sup>3</sup>.

The dogmas cherished by the relativistic physicists have been challenged by a new generation of scientists proposing the counter tenets of indeterminism allowing the

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2 Idem, *Power vs Force*, New York City, Carlsbad (Hay House, Inc.) 1995.

3 Idem, *The Eye of the I*, Veritas Publishing, Sedona 2001.

realm of conventional science to enter quantum mechanics. Diffusion, non-locality and the invisible qualities replaced the temporal state, locality and the tangible. Quantum physicists, whose dazzling discoveries and essential proposals called into question the pre-existing dogma of logical empiricism and the Newtonian belief system, elevated the abstract entities, the non-observable phenomena and transient conditions, being a fundamental prelude to further research on the role of vibrations and consequently, what they constitute – the consciousness.

The term ‘energy’ was first introduced in the 19<sup>th</sup> century by Young who intruded into the Newtonian corpuscular theory and the conundrum of ‘the inexplicable nature of force governing a stream of minute particles’<sup>4</sup> by investigating the constitution of sound and light, which led him to his most far-reaching discovery and the postulate of the wave theory. In his quintessential double-slit experiment, he demonstrated that light and matter share the properties of waves and particles. Young’s precocious revelation lifted the fog over the unknown in relativism and spurred further research giving rise to indeterminism in physics. One example is Bohr’s atomic model<sup>5</sup>, explaining how electrons emit and absorb light when shifting frequencies (energy fields) and his conception of the complementarity principle that the wave and the particle aspect of quantum objects cannot be observed and measured simultaneously owing to the wave-particle dualism whose intrinsic properties put a limitation on the accuracy of measurement. Consequently, all measurements amount to disturbances of what is being measured.

The Indeterministic nature of the properties of all matter was concurrently embraced by Heisenberg<sup>6</sup> whose ‘uncertainty principle’ articulates a fundamental limit to the precision of the position and momentum of the electron, which indicates unpredictability of the event even if the initial conditions have been specified. On a par with Heisenberg’s proposal, Born (1926)<sup>7</sup> attributed the probabilistic nature to the position of particles being dependent on the magnitude of the quantum wave and he postulated that the encounter between the photon and the electron renders different outcomes. De Broglie is one other contributor who laid the foundations of quantum mechanics. His hypothesis (1929)<sup>8</sup> maintained that all particles are of wave properties, which is a versatile feature pervading all aspects of nature.

4 A. Robinson, *The Last Man Who Knew Everything*, New York (Plume/Penguin Group) 2006.

5 N. Bohr, *Atomic Structure*, *Nature* 1921, 107 (2682), pp. 104-107 [Bibcode: 1921Natur.107.104B. doi:10.1038/107104a0].

6 W. Heisenberg, *The Physical Principles of the Quantum Theory*, The University of Chicago Press 1930.

7 M. Born, *The Born Einstein Letters*. New York (Walker and Company) 1973.

8 L. de Broglie, *The Reinterpretation of Wave Mechanics*, *Foundations of Physics* 1970, 1 (1), pp. 5-15. doi:10.1007/BF00708650].

## Emergence of Consciousness in Science

A probabilistic universe of the quantum physicists has become the linchpin for the proliferation of hypotheses revolving around the mind, with the notion of consciousness gradually entering the central stage of epistemology. Born's 'invisible strata' and 'forces' behind Newton's 'real events,' and other unknowable internal dynamics have started taking on a new meaning and context not only in light of new experiments in science, but also in psychology, psychiatry and philosophy.

To advance the indeterministic theories, Von Neumann argued that "the intervention of something from outside of physics is required to convert quantum possibilities into actualities"<sup>9</sup>, and he pointed to the existence of consciousness as being accountable for intrinsic probability in the quantum world. In psychology, Jung (1969)<sup>10</sup> introduced the concept of the 'enigmatic factors, present always and everywhere' whose existence shapes a so-called 'collective unconscious.' The inherent inclination toward the particular patterns of behavior, called instincts, and their psychic counterparts – archetypes, carrying the symbolic meaning, originate from the collective unconscious whose potentialities' activation occurs in consciousness upon the individual conditions when interacting with the external world. A step further was taken by Eccles<sup>11</sup> who, bridging neuroscience with parapsychology, speculated that an immaterial mind, or consciousness, affects events at the quantum level in a significant part of the material brain, called the premotor cortex, resulting in voluntary behavior, and that the energetic transmission occurs instantaneously at a distance. This would indicate that reality is nonlocal in support of Bell's theorem<sup>12</sup>.

Bohm<sup>13</sup> divided the world into the enfolded, or implicate, universe, whose selected aspects unfold as temporal projections of the whole in the explicate universe, and then, they are injected or introjected back into the whole of the implicate universe. It gave the basis for Sheldrake's research on energetic and morphic resonance where recurrent 'projections' and 'interjections' of the waves share some similarities of the previous forms, but they also take on the new features, leading to the creation of new resonating, or morphic, fields. While energetic resonance involves the system responding only to particular frequencies, 'one-dimensional stimuli', morphic resonance entails a resonant effect of both, energy and form of a system, whose structure and vibrations become present to a subsequent system. The quantum connection affects only those systems that have interacted with each other. Another point to elucidate this phenomenon

9 C. Carter, *Science and Psychic Phenomena – The Fall of the House of Skeptics*, Rochester (Inner Traditions) 2007.

10 C.G. Jung, *Psychological Reflections*, Princeton (Princeton University Press) 1978.

11 J. Eccles, *Mind and Brain: The Many Faceted Problems*, New York (Paragon House) 1986.

12 J.S. Bell, *Speakable and Unspeakable in quantum mechanics*, Cambridge (Cambridge University Press) 1987.

13 D. Bohm, *Wholeness and the Implicate Order*, London (Routledge & Kegan Paul) 1980.

was made by Lorenz<sup>14</sup>, who, by studying a hidden coherence in apparently incoherent climatic conditions, labeled the pattern emergence ‘attractors’, whose impact may be more or less powerful, and whose energy impact falls into two categories, marked by a critical point.

### Scale of Consciousness

The juncture of the quantum theories: Eccles’ energetic impact, Lorentz’s attractor patterns, Bohm’s invisible and manifest universes, and Sheldrake’s morphic resonance induced a significant study of the role of consciousness in the human experience, which was extensively undertaken by Hawkins (1995-2012). The end result of his research was calibrating the consciousness levels and generating a practical map delineating the range of energy fields that correspond to various emotions, attitudes, beliefs and spiritual approaches.

All that exists, represented as the manifest and the unmanifest, has an imperceptible energy of infinite dimension within which are variable levels of vibrational frequencies that determine the context, leading to different domains of possibility and therefore actuality, called the proximate field and the content. The latter consists of relative points of perception which are selected from a repository of doctrines and positionalities available in the proximate field, which is also characterized by other knowable elements such as variable settings, prevailing circumstances, background, and public opinion, consequently defining actions, events and facts. The presence of the timeless and non-local contextual field is knowable by observation and subjective experiencing while manifestation of form occurs owing to innate qualities of this field. Therefore, the consciousness of the observer is a variable within each context and it is subject to its limitations. The energy body is a product of the evolution of consciousness and not of physical origin<sup>15</sup>.

The higher vibrational realm, the more life-enhancing properties of its proximate field, and hence, the more powerful awareness of individuals. It gives rise, in turn, to a more constructive and transformative impact on the society interacting with them. Conversely, the mind operating in the context of low-energy fields puts its survival at stake while the spirit nourishes the existence of Ego. Judgmentalism results from inability to recognize the factors underlying the particular context, thus actualities intrinsic to a given vibrational field. That which is interpreted as true at one level of consciousness may be considered as false at another. The etiology of social conflicts

<sup>14</sup> E.N. Lorenz, *Deterministic Nonperiodic Flow*, “Journal of Atmospheric Science” 1963, n. 20, pp. 130-141.

<sup>15</sup> D.R. Hawkins, *Transcending the Levels of Consciousness*, New York City, Carlsbad (Hay House, Inc.) 2006.

lies in a discrepancy of the consciousness levels. As Buddha said, it is Ego, attitude and ignorance that end the relationship<sup>16</sup>.

A myriad of energy fields undergo classification on a so-called Scale, or Map of Consciousness, ranging from 1 to 1000 (Table 1).

Table 1. Map of Consciousness by David R. Hawkins

LEVEL	LOG	Emotion	Life-view	Process
Enlightenment	700-1000	Ineffable	Is	Pure Consciousness
Peace	600	Bliss	Perfect	Illumination
Joy	540	Serenity	Complete	Transfiguration
Love	500	Reverence	Benign	Revelation
Reason	400	Understanding	Meaningful	Abstraction
Acceptance	350	Forgiveness	Harmonious	Transcendence
Willingness	310	Optimism	Hopeful	Intention
Neutrality	250	Trust	Satisfactory	Release
Courage	200	Affirmation	Feasible	Empowerment
Pride	175	Scorn	Demanding	Inflation
Anger	150	Hate	Antagonistic	Aggression
Desire	125	Craving	Disappointing	Enslavement
Fear	100	Anxiety	Frightening	Withdrawal
Grief	75	Regret	Tragic	Despondency
Apathy	50	Despair	Hopeless	Abdication
Guilt	30	Blame	Evil	Destruction
Shame	20	Humiliation	Miserable	Elimination

Source: D.R. Hawkins, *Power vs Force*, New York City, Carlsbad (Hay House, Inc.) 1995.

## Levels of Consciousness

The Scale of Consciousness begins on the lowest evolutionary level 1 (represented by Bacteria) and gradually progresses to more advanced forms, finally reaching the top realm of Enlightenment (700-1000), attained only by great sages and mystics in history. Transcending the particular energy fields results in the leaps of consciousness, characterized by the paradigm shift and a change of behavior. The intention and free will play a significant role in augmenting one's capacity to advance their awareness. The critical point occurs at the intersection of the negative and catabolic field, denoting Falsehood, with the positive and anabolic realm, aligned with Truth, which is at exactly 200<sup>17</sup>.

Below 200, there are the levels of Shame (20), Guilt (30), Apathy (50), Grief (75), Fear (100), Desire (125), Anger (150) and Pride (175-199). Shame is a consequence of low self-esteem, social rejection, often parental neglect in early childhood, and it leads

16 T. Nhat Hanh, *The Heart of the Buddha's Teaching*, New York (Harmony) 2015.

17 D.R. Hawkins, *Power vs Force*.

to dangerous, near-fatal behaviors characterized by extreme cruelty, wanton acts of desecration, overwhelming despair, and passive suicide at times. Guilt arises from the memory of regretted past actions and manifests as self-flagellation and obsession with retaliation. Apathy induces the abandonment of hope, inertia and intellectual decline. Grief-driven individuals overvalue the presence of other people, material things, and conditions, and this attachment takes control of their lives, giving them an imaginary status and a sense of security. Fear results in release of stress hormones, known as the adrenaline, which can bring transient pleasure, but in the long term, it inhibits and debilitates the mind and body, causing paranoia, panic attacks, and chronic diseases. Desire is characterised by an addictive state of craving for either material aspects of life, lust, or just attention and emotional nurturance, whose trademarks are an insatiable desire and an endless pursuit of the illusory goal. Finally, the top level of the negative field is Pride, which seems the most specious and insidious emotion, as by virtue of arrogance, denial and an inflated ego it triggers, it is actually vulnerable to fall and revert to the very bottom of the scale represented by its opposite, Shame<sup>18</sup>.

Above 200, there are the dimensions of Courage (200), Neutrality (250), Willingness (310), Acceptance (350), Reason (400), Love (500), Unconditional Love / Joy (540), Peace (600), and Enlightenment (700+). Courage delineates the beginning of the constructive and life-supportive frequencies, being the first level of empowerment. It is where stagnation, fears, anger and frustrations are replaced with the first endeavors to look at life obstacles from a more stimulating perspective, and summon up energy to battle them. Neutrality provides even more inner confidence and emotional balance, disengaging from unnecessary conflict and judgmental attitudes, being also unattached to outcomes. Acceptance brings a transformative belief that the source of one's happiness lies within oneself, turning them from helpless victims to empowered creators of their own fate, becoming responsible for their faults and non-conforming to others' agenda.

The clash of the linear, Newtonian, perception of the world with the non-linear, transformative vision of reality occurs at another critical point, connecting the dimension of Reason (400-499) and the subsequent levels of Love, Joy, Peace and Enlightenment (500+). Reason allows for efficient information storage and logics management, ending up in successful conceptualization accompanied by scientific or academic achievements, but significantly, it lacks discernment of what is true from what is false, as by the very nature of searching for 'proof', it confines itself to the level of that which is only 'provable'. It becomes then one of the most major obstacles to transcend itself and enter the realm of Love, characterised by an unconditional and persisting capacity to accept, nurture, forgive and support others, irrespective of external conditions and others' response. It emanates from the heart rather than from the mind, and it is devoid of desire, control,

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18 Idem, *Transcending the Levels of Consciousness*.

attachment, and the ebbs and flows of underlying insecurity and frustration, displayed on the levels of either Desire (125-149) or Pride (175-199). Joy (540) is a permanent expression of positive energy and an attitude rather than a temporary surge of pleasure or excitement, and it is associated with an inner state of incessant serenity, compassion, patience, bringing inspiration or healing to those in proximity. Peace (600) abounds in infinite silence in the mind that stops intellectualization and initiates a timeless and spaceless experience of revelation, self-realization, and awareness of Divinity<sup>19</sup>.

The ultimate states of omnipresence, omnipotence and omniscience delineate the human experience when transcending level 700+, called Illumination, or Enlightenment. This is when the Unmanifest and nonduality are reached, and a complete connection with Divine Grace occurs, which is reflected in exquisite radiation and ineffability of those who attained this state<sup>20</sup>.

### Energy behind Doctrines, Attitudes and Qualities

Naivete of a society lies in assuming that public figures, like politicians, penmen, scientists, and preachers, will not distort the truth. Instead, a human frailty is a propensity for being compromised upon favorable conditions and promising rewards, where only a solid foundation of values and a strong will can resist a lucrative temptation.

Certain positionalities and philosophies lowering the moral standards, in the name of “freedom”, may evoke attraction and public consent, which is additionally reinforced by the mainstream media and the marketing programs funded by renowned philanthropists. Interestingly, censorship of public speeches, journalistic work, posts on social media, and memes, is applied selectively, blatantly ignoring the notions associated with dishonesty, libel, depravity and scathing criticism. To make things worse, there is a high tolerance level for the texts and slogans promulgating absurdity, sedition, disorder, fomenting strife and hatred in the disguise of the anti-hatred ideologies. There is also widespread acceptance in certain circles having a vested interest in propagating non-integrity to vilify and ridicule the public and non-public examples of the traditional standards of morality: esteemed intellectuals, devoted scientists and historians, teachers, and even parents. The calibrations of certain problematic attitudes, tenets (Table 2) and qualities (Table 3) were performed by Hawkins<sup>21</sup> to reveal their alignment with the constructive or counterproductive fields of vibrations.

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19 Idem, *Power vs Force*.

20 Idem, *Transcending the Levels of Consciousness*.

21 *Ibidem*.



Table 2. Selected philosophies and attitudes by David R. Hawkins

Anarchism	100
Atheism	165
Eugenics	105
Misogyny	160
Narcissism	140
Populism	200
Racism	110
Sophistry	180
Victimhood	130

Source: D.R. Hawkins, *Transcending the Levels of Consciousness*, New York City, Carlsbad (Hay House, Inc.) 2006.

Table 3. Selected qualities by David R. Hawkins

Blame	180	Friendly	280
Considerate	295	Grudge	70
Criticalness	120	Happy	395
Decent	295	Hate	70
Demonize	80	Irresponsibility	195
Depravity	80	Loyal	345
Diligent	210	“Offended”	180
Diplomatic	240	Patient	255
Discussion	380	Pedantry	190
Easy going	210	Polite	245
“Entitlement”	180	Respectful	305
Ethical	305	Sense of humor	345
Fair	305	Skeptic	120
Faithful	365	Slander	75
False accusation	160	Tolerant	245
Firm	245	Ungrateful	190
Flexible	245	Vituperation	75

Source: D.R. Hawkins, *Transcending the Levels of Consciousness*, New York City, Carlsbad (Hay House, Inc.) 2006.

### Kinesiology and Methodology

The study of muscles, or applied kinesiology, and their role in identifying balance or its lack in the flow of physical, chemical and emotional energy dates back to 70s and was pioneered by Goodheart<sup>22</sup>, who discovered that the wellness or disorders of the body organs result from the reaction of muscles to a given substance. While the noxious stimuli trigger the weak response of muscles, the positive stimuli make the muscles go

22 G. Goodheart, *Applied Kinesiology*, Detroit (Privately published) 1976.

strong. The technique involving the muscle demonstration was enhanced by Diamond<sup>23</sup> who added the stimuli of sensory and psychological nature, such as art, music, voice intonation, mimics and emotional stress.

The research procedure involves the presence of a tester and a subject as well as setting the favorable conditions that will affect the reliability of the outcomes. The test subject extends his arm parallel to the ground whereas the tester, upon asking a question about the calibration level of a given stimulus, exerts mild pressure on the wrist of the extended arm. If the arm resists, the muscle-response equals "Yes". If the arm collapses, it indicates the "No" answer. To arrive at the specific figure on the map of consciousness, numerous questions must be posed. It is noteworthy, however, that the two participants of the study in tandem are expected to remain impartial toward both the trigger and a possible outcome, as holding any positionalities might affect objectivity of the investigation, and thus, alignment with truth. Limitations to the procedure might be also the qualities of scepticism, cynicism, or atheism, as any attempts to disapprove the validity of the study, paradoxically, they themselves prove the accuracy of a non-integrative approach. Hence, a false intention behind the investigation, automatically makes a participant fall below level 200. Also, the higher the level of consciousness of the tester and the subject, the more accurate results. Crucially, the testing technique cannot be used for confrontational purposes as that which is 'provable' operates in the 400s (Reason), while Consciousness research kinesiology calibrates at level 600, which is the preface to the nonlinear dimension<sup>24</sup>.

That which is true originates from the infinite field of awareness, and consequently, it gives a positive response to the body. In nature, Consciousness has access to truth as only truth has actual existence. As each level on the scale is associated with an attractor pattern resonating with the particular harmonics, an inquiry about a stimulus activates the harmonics, like the musical tone, placing it on the field it assimilates with<sup>25</sup>.

The study on the Polish literature was performed on a micro scale, following the procedure initiated by Goodheart, Diamond, and expanded by Hawkins, in parallel to the author's previous research involving the domain of kinesiological testing<sup>26</sup> (Trembowski, 2017, 2018), one-on-one between the tester and the subject. The multiple

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23 J. Diamond, *Behavioral Kinesiology*, New York (Harper & Row) 1979.

24 D.R. Hawkins, *Power vs Force*; idem, *Transcending the Levels of Consciousness*.

25 Idem, *Power vs Force*.

26 A. Trembowski, *A 3D Perspective on Technology in Education – Drives, Dilemmas, Direction, Innovation, Inspiration, and Hope in a VUCA World 2017*, vol. 13, no. 1, 21<sup>st</sup> Century Academic Forum Harvard Conference Proceedings, Bozeman, Montana [[https://www.21caf.org/uploads/1/3/5/2/13527682/cis\\_harvard\\_2017\\_cp.pdf](https://www.21caf.org/uploads/1/3/5/2/13527682/cis_harvard_2017_cp.pdf)] [dostęp: 14.12.2020]; eadem, *The Power of Consciousness & Illuminated Citizens of 2030 – Integrity, Success, Self-Actualization, Preparing Students for an Uncertain Future 2018*, vol. 16, no. 1, 21<sup>st</sup> Century Academic Forum Harvard Conference Proceedings, Bozeman, Montana [[https://www.21caf.org/uploads/1/3/5/2/13527682/21cef\\_harvard18-cp.pdf](https://www.21caf.org/uploads/1/3/5/2/13527682/21cef_harvard18-cp.pdf)] [dostęp: 14.12.2020].

attempts were made, with the tester and the testee to confirm the replicability of the findings, which proved successful, as the outcomes yielded consistency in the numerical value correlating with the Map of Consciousness. The test was conducted in a secluded area and according to the prerequisites such as the integrity level of the subject, the dedication and intention of the tester (researcher), as well as an unbiased attitude and an open approach to the inquiry of both. The tester made a series of statements relating to the particular stimuli, the literary texts, whereas the testee's muscle resistance or its lack, navigated the investigators to the final answers. The statements evoked the responses of binary nature: "This item (a title) calibrates over 100" – YES, then "over 150" – YES, "over 200" – YES, "over 300" – NO, "over 250" – YES, "at 270" – YES, *etc.*

### Research Objectives

The data comprises a compilation of the exemplars of the Polish literature reflected in a rich variety of literary genres, which is, the essence of prose – novels, short stories, autobiographies and diaries, the lyrical and narrative poetry, as well as drama–tragedy, comedy, and tragicomedy. The analysis stretches over the course of seven major literature periods starting with Romanticism, dating back to the early 20s of the 19<sup>th</sup> century, and its most representative works by Mickiewicz and Słowacki, and ending with the contemporary talents, after the year 2000. A separate section, outside the regular time frame, is devoted to the Polish Nobel Prize Laureates and their achievements.

The calibration technique has been applied to the review of the particular masterpieces apart from the overall writing creativity of selected writers, which serve as the stimulus in the study, while the Scale of Consciousness, from 1 to 1000, has been used as a reference tool. To determine the energy of Power associated with Truth, the stimulus' calibration is expected to reach the minimum level 200 and above. Any results below 200 indicate the low attractor patterns devoid of harmony and integrity, and thus, they reveal Force and Falsity in the vibrational field of a given literary work or the overall accomplishments of an author.

### Data Collection and Interpretation

#### Literary periods

**Romanticism.** The data collection from the Romantic era (Table 4) consists of thirteen literary works of the majority of the poets and playwrights considered the *crème-de-la-crème* of that literary period, and by many, the shining examples of the Polish literature in general. Interestingly, the highest achieved level belongs to Słowacki and his drama "Kordian" at energy level 320, along with the poem "Ode to Freedom" – level 315, both denoting Willingness, the strongest field discovered among all tested stimuli of that time. Just one level below, Neutrality, has been confirmed by Norwid's "White

Flowers” – Level 300, Mickiewicz’s “Crimean Sonnets”, and Malczewski’s poetic tale, “Maria” – both calibrating at 270. Only Fredro’s “Virgins’ Vows” and his “Vengeance” along with Słowacki’s “Balladyna” calibrate below the level of Integrity – at 190, 135 and 170 respectively. The remaining works fall into the field of Courage, within 200-250.

Table 4. Selected literary works from Romanticism

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1923-1932	Mickiewicz Adam	<i>Forefathers' Eve</i>	<i>Dziady</i>	235
1825	Malczewski Antoni	<i>Maria</i>	<i>Maria</i>	270
1826	Mickiewicz Adam	<i>Crimean Sonnets</i>	<i>Sonety krymskie</i>	270
1928		<i>Konrad Wallenrod</i>	<i>Konrad Wallenrod</i>	220
	Słowacki Juliusz	<i>Ode to Freedom</i>	<i>Oda do wolności</i>	315
1933	Fredro Aleksander	<i>The Virgins' Vows</i>	<i>Śluby panińskie</i>	190
1934	Słowacki Juliusz	<i>Kordian</i>	<i>Kordian</i>	320
1934	Mickiewicz Adam	<i>Master Thaddeus</i>	<i>Pan Tadeusz</i>	230
1834	Fredro Aleksander	<i>Vengeance</i>	<i>Zemsta</i>	135
1839	Słowacki Juliusz	<i>Balladyna</i>	<i>Balladyna</i>	170
1847-1866	Norwid Cyprian	<i>Go With Me / A Manual</i>	<i>Vade-mecum</i>	235
1856		<i>Black Flowers</i>	<i>Czarne kwiaty</i>	235
1857		<i>White Flowers</i>	<i>Białe kwiaty</i>	300

**Positivism.** Following the suppression of the 1863 Uprising against the Russian empire begins the era of Positivism and it lasts until the turn of the 19<sup>th</sup> century. The 7 selected pieces of literature of this period (Table 5) stretch on the Scale of Consciousness again from the top level of Willingness, represented by Kraszewski’s “Ancient Tale” – at 345 and “The Chopin’s Piano” by Norwid – 330, to the lowest marked level of Pride, found in two pieces of the same author, Prus, which are “Antek” and “The Doll”, both calibrating at exactly 185. Prus’ “Anielka” as well as Orzeszkowa’s “Over the Niemen River” reached the level of Neutrality, but the latter’s other novel, “Martha”, calibrates only on the level of Courage.

Table 5. Selected literary works from Positivism

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1865	Cyprian Norwid	<i>The Chopin's Piano</i>	<i>Fortepian Szopena</i>	330
1873	Orzeszkowa Eliza	<i>Martha</i>	<i>Marta</i>	220
1876	Kraszewski Józef Ignacy	<i>An Ancient Tale</i>	<i>Stara baśń</i>	345
1880	Prus Bolesław	<i>Anielka</i>	<i>Anielka</i>	260
1881	Prus Bolesław	<i>Antek</i>	<i>Antek</i>	185
1888	Orzeszkowa Eliza	<i>On the Niemen</i>	<i>Nad Niemnem</i>	250
1890	Prus Bolesław	<i>The Doll</i>	<i>Lalka</i>	185

**Young Poland.** The analysis of six essential reads of the Young Poland's era (Table 6), also called, Neo-Romanticism, or Modernism, shows a lot of consistency in the calibration outcomes, almost all of which portray fin-de-siècle Poland on the level of Courage. The exposure of hypocrisy in Zapolska's "Morality of Mrs Dulska" falls below 200, representing Pride.

Table 6. Selected literary works from Young Poland

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1893	Konopnicka Maria	<i>Our Skinny Horse</i>	<i>Nasza szkap</i>	240
1895	Żeromski Stefan	<i>Strongwoman</i>	<i>Silaczka</i>	235
1897	Żeromski Stefan	<i>Sisyphean Labors</i>	<i>Szyfowe prace</i>	220
1899	Żeromski Stefan	<i>Homeless People</i>	<i>Ludzie bezdomni</i>	230
1901	Żeromski Stefan	<i>The Wedding</i>	<i>Wesele</i>	235
1906	Zapolska Gabriela	<i>The Morality of Mrs Dulska</i>	<i>Moralność Pani Dulskiej</i>	185

**Interbellum.** The choice of the poems and novels in the Interwar period (Table 7), that is between 1918 and 1939, when Germany invaded Poland again, mirrors the equilibrium on the political stage and a public sentiment at the time. Coincidentally, the impact of the negative energy field has not been marked and most works listed touch or cross the level of Neutrality. Only "Adventures of Matołek, the Billy-Goat" by Makuszyński, the author of children's and youth literature calibrates at 310, entering the level of Willingness.

Table 7. Selected literary works from Interbellum

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1824	Witkiewicz Stanislaw Ignacy	<i>Mother</i>	<i>Matka</i>	245
1824	Żeromski Stefan	<i>The Spring To Come</i>	<i>Przedwiośnie</i>	240
1826	Pawlikowska-Jasnorzevska Maria	<i>Kisses</i>	<i>Pocałunki</i>	285
1832-34	Dąbrowska Maria	<i>Nights &amp; Days</i>	<i>Noce i dnie</i>	290
1933-34	Makuszyński Kornel	<i>Adventures of Matołek, the Billy-Goat</i>	<i>Przygody Koziołka Matołka</i>	310
1935	Nałkowska Zofia	<i>The Boundary</i>	<i>Granica</i>	220
1937	Gombrowicz Witold	<i>Ferdydurke</i>	<i>Ferdydurke</i>	265
1938	Tuwim Julian	<i>Locomotive</i>	<i>Lokomotywa</i>	240

**World War II.** The harsh reality of the Second World War, between 1939 and 1945, and the anguish of the tormented nation appear to be incongruent with the reflections found in the writings of that phase (Table 8). Rather, the literature provides an outlet for dolor, melancholy and desolation seen around outside the book cover. The lowest,

calibration obtained, still – in accordance with integrity, belongs to Tuwim’s “Flowers from Poland”, where the result 240 depicts Courage. The works by Kamiński, Przyboś and Fiedler make a leap to Neutrality, whereas only Baczyński’s poems stand out distinctly not only in this literary period but also in the entire compilation of data presented in this paper. His “Two Loves” supremely calibrate at 520, level of Love, and “Singing from the Fire” ranks relatively high at 360 – Acceptance. An astounding feature of this category of study is the correlation of numbers between the title of Fiedler’s novel and the calibration level received, which is the ratio of (“Squadron” 303) to 305.

Table 8. Selected literary works from the period of World War II

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1940-44	Tuwim Julian	<i>Flowers from Poland</i>	<i>Kwiaty polskie</i>	240
1940	Baczyński Krzysztof Kamil	<i>Two Loves</i>	<i>Dwie miłości</i>	520
1942	Fiedler Arkady	<i>Squadron 303</i>	<i>Dywizjon 303</i>	305
1943	Kamiński Aleksander	<i>Stones for the Rampart</i>	<i>Kamienie na szaniec</i>	270
1944	Przyboś Julian	<i>As Long as We Live</i>	<i>Póki my żyjemy</i>	285
1947	Baczyński Krzysztof Kamil	<i>Singing from the Fire</i>	<i>Śpiew z pożogi</i>	360

**Post-War Literature 1945-56.** In the aftermath of the war, with the Soviet liberation, another set of political and administrative reforms ensues, which are welcomed by the society with the polarizing moods of either relief or dismay. At the center of this emotional vortex, a spectrum of energy fields emerges in the plots and verses of the contemporaries of that period (Table 9). At the bottom of the scale, there are two novels by Andrzejewski and Hłasko – the respective calibrations of 195 – Pride, and 140 – Desire. Higher on the map of Consciousness, we can find Różewicz’s “Anxiety”,

Table 9. Selected literary works from the post-war period (1945-56)

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1946	Nałkowska Maria	<i>Medalions</i>	<i>Medalony</i>	220
1946	Żukrowski Wojciech	<i>Kidnapping in Tiutiurlistan</i>	<i>Porwanie w Tiutiurlistanie</i>	260
1947	Różewicz Tadeusz	<i>Anxiety</i>	<i>Niepokój</i>	210
1948	Borowski Tadeusz	<i>This Way for the Gas, Ladies and Gentlemen</i>	<i>Pożegnanie z Marią</i>	250
1948	Andrzejewski Jerzy	<i>Ashes and Diamonds</i>	<i>Popiół i diament</i>	195
1951	Herling-Grudziński Gustaw	<i>A World Apart</i>	<i>Inny świat</i>	260
1953	Gombrowicz Witold	<i>The Marriage</i>	<i>Ślub</i>	215
1955	Przyboś Julian	<i>The Minimum of Words</i>	<i>Najmniej słów</i>	325
1956	Hłasko Marek	<i>The First Step through the Clouds</i>	<i>Pierwszy krok w chmurach</i>	140

Nałkowska's "Medallions" and Gombrowicz's "Marriage", marking the level of Courage. Neutrality is evidenced in Borowski's, Żukrowski's and Herling-Grudziński's literary works. Only Przyboś' verse, "The Minimum of Words" attains Willingness, at 325.

**1956-Present.** The last literary era, from 1956 until the present times, is the greatest accumulation of the Polish prose, poetry and drama, being subjected to the vibrational field diagnosis (Table 10), the majority of which spread over the level of Courage and Neutrality. Strikingly, Herbert's "Report from the Besieged City" is at the very intersection of the negative and positive energetic realms, calibrating at 200 sharp. Moczarski's "Conversations with an Executioner" and Herbert's "Mr Cogito" just outweigh the previous text by 5 on the scale, solidifying the level of Courage. Although both Różewicz's "Card Index" and "To Outwit God" by Krall come close to Willingness, it is only Pilch's "Mighty Angel" and Szpilman's "Pianist" which actually reach this level. For the first time, the field of Acceptance has been uncovered due to the calibrated outcome of "Let Us Hurry to Love People" by Twardowski. Another spectacular result occurs with "The Roman Triptych Meditations" by Jean Paul II at level of Reason as these remarkable poems calibrate at 410. The science fiction by Sapkowski and Lem along

Table 10. Selected literary works from the post-war period (1956-present)

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
1957	Andrzejewski Jerzy	<i>Darkness Covers the Earth</i>	<i>Ciemności kryją ziemię</i>	255
1960	Różewicz Tadeusz	<i>The Card Index</i>	<i>Kartoteka</i>	305
1961	Lem Stanisław	<i>Solaris</i>	<i>Solaris</i>	195
1965	Mroźek Sławomir	<i>The Tango</i>	<i>Tango</i>	245
1966	Hłasko Marek	<i>Beautiful Twentysomethings</i>	<i>Piękni dwudziestoletni</i>	190
1974	Herbert Zbigniew	<i>Mr Cogito</i>	<i>Pan Cogito</i>	205
1975-88	Nałkowska Maria	<i>Diaries</i>	<i>Dzienniki</i>	250
1977	Krall Hanna	<i>To Outwit God</i>	<i>Zdążyć przed Panem Bogiem</i>	305
1977	Moczarski Kazimierz	<i>Conversations with an Executioner</i>	<i>Rozmowy z katem</i>	205
1983	Herbert Zbigniew	<i>Report from the Besieged City</i>	<i>Raport z oblężonego miasta</i>	200
1986	Szczypiorski Andrzej	<i>The Beginning</i>	<i>Początek</i>	260
1991-93	Nurowska Maria	<i>Maidens and Widows</i>	<i>Panny i wdowy</i>	220
1994	Twardowski Jan	<i>Let Us Hurry to Love People</i>	<i>Śpieszmy się kochać ludzi</i>	385
2001	Grochola Katarzyna	<i>Never in My Life!</i>	<i>Nigdy w życiu!</i>	245
2001	Pilch Jerzy	<i>The Mighty Angel</i>	<i>Pod Mocnym Aniołem</i>	315
2001	Sapkowski Andrzej	<i>The Witcher</i>	<i>Opowieści o wiedźminie</i>	130
2001	Szpilman Władysław	<i>The Pianist</i>	<i>Pianista</i>	325
2003	Jan Paweł II (Karol Wojtyła)	<i>Roman Triptych Meditations</i>	<i>Tryptyk rzymski. Medytacje.</i>	410

with Hłasko's vivid memoir face a severe slump on the scale indicating either Desire, for "The Witcher", or Pride, in the case of "Solaris" and "Beautiful Twentysomethings".

**The Nobel Prize Laureates – Selected Works.** Despite being the nationally-renowned or the most critically acclaimed works, honored with the most prestigious international literary awards, it is the calibration level that eventually determines the value of a particular piece of writing. Out of twenty-five analyzed texts (Table 11),

Table 11. Selected literary works of the Nobel Prize Laureates

YEAR	AUTHOR	TITLE in English	TITLE in original (Polish)	LEVEL
<b>The Nobel Prize in 1905</b>				
1880	Sienkiewicz Henryk	<i>Yanko, the Musician</i>	<i>Janko Muzykant</i>	240
1882		<i>The Lighthouse Keeper</i>	<i>Latarnik</i>	205
1884-1888		<i>The Trilogy</i>	<i>Trylogia</i>	300
1896		<i>Quo Vadis</i>	<i>Quo vadis</i>	350
1900		<i>The Teutonic Knights</i>	<i>Krzyżacy</i>	260
1911		<i>In Desert and Wilderness</i>	<i>W pustyni i w puszczy</i>	345
<b>The Nobel Prize in 1924</b>				
1897-1898	Reymont Władysław	<i>The Promised Land</i>	<i>Ziemia obiecana</i>	325
1904-1909		<i>The Peasants</i>	<i>Chłopi</i>	245
<b>The Nobel Prize in 1980</b>				
1945	Miłosz Czesław	<i>Rescue</i>	<i>Ocalenie</i>	285
1953		<i>The Captive Mind</i>	<i>Zniewolony umysł</i>	245
1955		<i>The Issy Valley</i>	<i>Dolina Issy</i>	260
1957		<i>A Treatise on Poetry</i>	<i>Traktat poetycki</i>	235
1969		<i>The City Without A Name</i>	<i>Miasto bez imienia</i>	220
1987		<i>The Chronicles</i>	<i>Kroniki</i>	250
<b>The Nobel Prize in 1996</b>				
1952	Szyborska Wisława	<i>That's Why We Are All Alive</i>	<i>Dlatego żyjemy</i>	320
1957		<i>Calling Out to Yeti</i>	<i>Wołanie do Yeti</i>	195
1967		<i>No End of Fun</i>	<i>Sto pociech</i>	220
1989		<i>Poems</i>	<i>Poezje</i>	320
1993		<i>The End and the Beginning</i>	<i>Koniec i początek</i>	305
2002		<i>The Moment</i>	<i>Chwila</i>	315
<b>The Nobel Prize in 2018</b>				
1996	Tokarczuk Olga	<i>Primeval and Other Times</i>	<i>Prawiek i inne czasy</i>	235
1998		<i>The House of Day, the House of Night</i>	<i>Dom dzienny, dom nocny</i>	210
2007		<i>Flights</i>	<i>Bieguni</i>	195
2009		<i>Drive Your Plow over the Bones of the Dead</i>	<i>Prowadź swój pług przez kości umarłych</i>	190
2014		<i>The Books of Jacob</i>	<i>Księgi Jakubowe</i>	230



the top calibrations have been obtained for “Quo Vadis” by Sienkiewicz, indicating Acceptance, his other masterpiece, “In Desert and Wilderness” – showing Willingness, the same level being also confirmed by Reymont’s “Promised Land”, and three poems by Szymborska. Intriguingly, a few findings startle with extremely low calibrations of Pride, despite the overall applause and accolades on the literary stage.

**The Nobel Prize Laureates – Creativity.** The calibrations of the overall literary creativity of all the Nobel Prize Laureates have been summarized below (Table 12). Notably, it comprises the vibrational level of all the works of the particular authors, even those, excluded from the data compilation in the previous section of this research.

Table 12. Calibrations of the overall creativity of the Nobel Prize Laureates

The Nobel Prize Laureates	LEVEL
Sienkiewicz Henryk	315
Reymont Władysław	285
Miłosz Czesław	225
Szymborska Wisława	335
Tokarczuk Olga	170

**Research Analysis & Ramifications.** From the end of 18<sup>th</sup> century to 1918, Poland was the target of the constant expansionist hunt by the neighboring countries of the Kingdom of Prussia, then Germany, the Austro-Hungarian Empire, and Russia. The strategic location of Poland, its geopolitical status and a strong omnipresent interference of the religious authorities, mostly the Roman Catholic Church, the Eastern Orthodox Kirk, Protestantism and Judaism, were the key factors in shaping the spiritual inspiration of the writers and the content of the Polish prose, poetry and drama. Germany’s double attempt to conquer Poland and establish dominance in entire Europe, along with the ensuing flight and expulsion of Germans in the 1944-50, a population transfer resulting from the territorial partitions and the shifting borders throughout the preceding decades, and finally, reduction of the country to the satellite status of the Soviet Union after 1945 – all contribute to the complex and turbulent history of the tormented Polish nation<sup>27</sup>.

Subservience to the neighboring oppressive states, forced or voluntary emigration, and life in exile in the labor camps, again, led to waning the social autonomy, generating the mixed emotions of apathy, grief, fear and anger alternating with a sense of the national pride, and craving for peace, love and joy. Undoubtedly, those events permeated the moods of the literary minds and their liberating aspirations, by providing them with the vision whose seeds had been growing in the nostalgic, dramatic, violent,

<sup>27</sup> J. Łukowski, H. Zawadzki, *A Concise History of Poland*, Cambridge (Cambridge University Press) 2001.

often repugnant, and mournful atmosphere, at the same time, desperately searching for heroism and patriotic acts on the pathway to freedom.

Calamitous events led to weaving story lines involving a series of intemperate, vociferous, callous and thuggish characters, antithetic to the protagonists, who, in defence of the nationalistic ideals and in service to the country, in the face of peril, manifest their feats of bravery, brawn and steadfastness. The literature of the tormented nation reveals the themes of faith and loyalty versus hopelessness and betrayal, the qualities frequently undergoing stringent tests of humanness during the years of the dilemma of obedience to apparent authorities. Commitment, underground collaboration and heroic actions on one side, or lucrative spying opportunities and temptations of wielding temporary 'power' on the other, are the examples of either proven integrity or moral collapse, interwoven in the plot of the narratives or poetic verses.

Out of 92 literary texts, 13 represent the era of Romanticism, 7 reflect the reality of Positivism, 6 mirror the attitudes of Young Poland, or Neo-Romanticism, 8 are the exemplars of the Interbellum period, 6 present the fighting arena of the World War II, 9 – the early post-war literary reflections, and 18 are the contemporary texts, spawned between 1957-2003. Additionally, there is a compilation of 25 literary pieces of the most acknowledged Polish writers, privileged enough to enter the pantheon of world literature by being awarded with the Nobel Prize. 32% of these texts denote the field of Courage, 23% – Neutrality, almost 12% – Willingness, less than 3% – Acceptance, and below 1% – both Reason and Love, respectively. On a less positive note, approximately 13% of the calibrated prose, poetry and play indicate the connection with the realm of weak and life-consuming attractor patterns: Pride, Anger, or Desire.

We can observe a sprouting initiative and concern for the others on the level of Courage especially in the works of Positivist authors, Konopnicka and Żeromski. A quite consistent vibrational pattern of either Courage, or Neutrality, is found in the literary outcomes of Mickiewicz, Norwid, Orzeszkowa, Nałkowska, Gombrowicz, Różewicz, and the Nobel Prize Laureate, Miłosz. That is where the positive character formation begins and gradually proceeds up the scale of consciousness, displaying a myriad of cordial, genuine, and considerate personalities, mature attitudes, and advocates of equitable and ethical treatment of others.

In the halfway to more dominant fields, there is the level of Willingness shown in Słowacki's, Kraszewski's, Makuszyński's, Przyboś', Szpilman's and Pilch's creativity, on top of some works by the Nobel Prize Laureates, such as "In Desert and Wilderness" by Sienkiewicz, "The Promised Land" by Reymont, as well as three pieces of the same author, "That's Why We Are All Alive", "Poems", and "The Moment" by Szyborska. Acceptance, transcending Willingness at the demarcation point 350, appears only in Baczyński's "Singing from the Fire", Twardowski's "Mighty Angel", and Sienkiewicz's "Quo Vadis". Significantly, the qualities concomitant the above fields confirm the values

of honesty, humility, spiritual dedication, honor, forgiveness, and mercy, along with relinquishment of resistance and appreciation for life.

In the presented study, rare is the evidence of top energy fields, on or above 400s. Appeal to logics, the capacity of elevated comprehension and the accumulation of essential wisdom are present in “Meditations” by the Pope, Jean Paul II – the only calibrated level of Reason. Ultimately, extreme sensitivity and reverence as the depictions of the most elevated state proven here, Love, are the expressions of emotional, both personal and patriotic power in Baczyński’s masterpiece, with the meaningful, all-telling title, “Two Loves”.

## Conclusion

The outcomes of the research presented in this paper unfold the ethical foundation and resonance with either shining Power of the pro-life drives serving the common good of the mankind, or the manipulative Force with sinister motives upon which the content of the work has been designed. The calibrations of the collected pieces of literature depict the clash of values, with the hidden intention of the authors, who favor Truth or Falsity, by subconsciously adhering to a particular attractor pattern. As the vicissitudes of life change, so does the intention that shapes another context, and hence, another set of values inside the content of a literary work. The life-view can be miserable, petrifying, antagonistic or simply demanding from the perspective of the lower levels of consciousness, or quite feasible, satisfactory, harmonious and meaningful in the sphere of high energy vibrations, which reflects an author’s mindset at the time of his writing inspiration.

The data calibrations confirm or put into perspective the value of the so-called canons of Polish literature regardless of the individual, national, or international recognition. The analysis and acknowledgment of the levels, thus awareness of the input and output presented in the study may serve as the guidelines for educators, the literary circles, writers and journalists, and essentially, the reading audience, to reconsider the scope of the mandatory reading lists at schools, by a careful selection of the prose, poetry and drama.

The literary outcome is in sync with the ethical viewpoints of an author represented at the time of creating the text, his level of harmonics and balance. Then, the current consciousness level and intention of a writer triggers a nature of the content of his work, and this affects the readership, which is of the monumental significance to the youth of the elementary schools, and adolescents of the high school, who are still in the process of crystalizing thoughts and belief systems, often attributing a symbolic meaning to the literary characters and their actions. In the case of mature readers, when a choice of a book is conscious and meets either their approbation or disapproval, the

interpretation might be ambiguous, as they may not be capable of discerning essence from appearance, or conversely, they are able to define their approach to the truth. As Zafon concludes<sup>28</sup>, “Books are mirrors: you only see in them what you already have inside you”.

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28 C.R. Zafon, *The Shadow of the Wind*, New York (The Penguin Press) 2004, p. 75.

**Truth Vibrations – in search of Integrity in the Literary Works and Minds**

**SUMMARY:** What accounts for the value and ethics of a literary work? That words carry energy leads to exerting a powerful impact on those exposed to them. The vibrations of words reflect the soul, which is conditioned by the state of consciousness. Energy, as harmony – is aligned with Truth, Power and the way of Heart, but if in dissonance – it is associated with lack of integrity, disruption and Force. The shape of a text stems from the wave frequency of its creator. And so do the principles of ethics, or moralistic dictum, found in or between the lines, whose nature and spectrum arise from the context that gave roots to the particular awareness rising. Unprecedented in many scientific circles and literary milieus, Consciousness levels can be defined by the calibration technique, owing to the kinesiologic responses of the body muscles. How the procedure of identifying Energy levels occurs, what calibrations the creativity of outstanding poets, novelists and dramatists (including the Nobel Prize laureates) reveals, and what influence it might have on the domain of literature, and a circle of its recipients and experts, are central to this paper.

**KEYWORDS:** consciousness – kinesiology – literature – integrity

**Wibracje Prawdy – w poszukiwaniu systemu wartości w dziełach literackich i etyki u ich autorów**

**STRESZCZENIE:** Co stanowi o wartości i etyce dzieła literackiego? To, że słowa nacechowane są energetycznie, ma wpływ na ich odbiorców. Wibracje słów są odzwierciedleniem Duszy, która z kolei uwarunkowana jest stanem Świadomości. Energia, jeśli harmonijna – synchronizuje się z Prawdą, Mocą i drogą Serca. Jeżeli w dysonansie – cechuje ją zakłócenie, nieprawość i Siła. Kształt tekstu literackiego wynika z częstotliwości fal jego twórcy. A w konsekwencji, pomiędzy wierszami lub w nich samych, odnajdujemy zasady i wartości etyczne, bądź też moralizatorskie dictum, których specyfika wynika z kontekstu, który nadał profil danej Świadomości. Choć ten aspekt pozostaje wciąż nieodkryty w wielu środowiskach naukowych i literackich, znaczące jest, iż poziomy Świadomości ulegają pomiarowi za sprawą techniki kalibracyjnej, przy pomocy reakcji kinezyologicznej mięśni ciała. Poniższa praca wyjaśni procedurę identyfikacji poziomów Energii, ujawni stan świadomościowy w twórczości wybranych przedstawicieli literatury – poezji, prozy i dramatu (łącznie z laureatami Nagrody Nobla), i możliwy wpływ tych odkryć na świat literatury, a także ich odbiorców i ekspertów w dziedzinie.

**SŁOWA KLUCZOWE:** świadomość – kinezyologia – literatura – etyka